



CenterPlace
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Spokane Valley, Wa

Gardening Symposium
**CABIN
FEVER**

SINCE 2010

Saturday
March 11, 2017

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for tickets



Photo Credits: Josh Doty/mushrooms, SPVV Landscape Architects/healing garden, Orla Hill/tree, Susan Mulvihill/bluebirds



Master Gardener
FOUNDATION
Spokane County

8TH ANNUAL 2017 Cabin Fever Gardening Symposium

SPONSORED BY THE MASTER GARDENER FOUNDATION OF SPOKANE COUNTY

Keynote Address

GARDENING GLADLY: Mary Robson 12:00 noon

Gardening offers heaps of insight as we experience the growth of ourselves as well as plants. In Gardening Gladly Mary Robson shares ideas, techniques, and insights learned in 70 years of mudwork. This is humorous, specific, and poetic. Perhaps you'll be inspired to develop your own list. Remember: Great Minds Like a Think.

Check-in & Continental Breakfast: 7:30

Morning Session I 8:30-9:45

A Tour Down the Worm Hole: Understanding Soil Biology
Jill Clapperton, Ph.D.

Rhizoterra presents the always interesting, unusual and sometimes terrifying cast of characters that live and work in the soil. Healthy soil is an amazing network of soil pores, channels and tunnels that form the soil ecosystem infrastructure. When the soil is functioning and healthy, plants grow fast, get the nutrients and water they need, and have fewer problems with insect and disease pests. Let's not treat it like dirt!

Zen Lessons for the Garden
Barbara Safranek

The Japanese aesthetic, Wabi-Sabi, is a fresh and uncommon perspective on beauty to most of us in the West. Zen principles of Wabi-Sabi center on the acceptance of transience. What could be a more appropriate concept to ponder with respect to the ever-changing nature of landscape? Join Barb Safranek in opening your mind to Wabi-Sabi by exploring and contemplating the lessons of seven zen principles for creating and appreciating a deeper beauty in our gardens.

Pruning Class
Tim Kohlhauff

"Are you intimidated by pruning? Not sure where to start or when to stop? Do you keep ending up with a yard full of meatballs and drumsticks? In this class we will learn that pruning for a natural look will help your landscape look natural!"

Morning Session II 10:00-11:15

Creating a Sensory Garden
Cathi Lamoreux

In the same way your body needs to be nourished with healthy lifestyle choices in order to function optimally, think clearly, and create, your spirit can feed on beautiful landscapes whether from the natural world beauty of forests, mountains, lakes and oceans or the designed plant world we create for ourselves. Taking a moment to pause and contemplate is perhaps the most healing act we can do for ourselves.

Roots: Seeing the Invisible
Mary Robson

How do roots work? With a lot of help from their friends. Water and nutrients reach the roots carried by fungi and bacteria. Microorganisms are sizzling research topic now; catch up a bit with what's happening in the rhizosphere. Prepare to be surprised.

Permaculture
Jeremy Cowen, Ph.D.

Ever wondered just what the heck "permaculture" is? This class will introduce you to the ethics and principles of the sustainable design system known as permaculture; and, help you better evaluate whether permaculture has a place in your life and landscape.

Lunch & Keynote Address: 11:30-1:00

Afternoon Session III 1:15-2:30

Healing Gardens: Session 1
Cathi Lamoreux, Anne Hanenburg

This session will begin with a broad exploration of the historical background of healing gardens. We will discuss different types of healing gardens and research that demonstrates the effectiveness of stress reduction in these specialized garden spaces. This session will also discuss specific design features that should be implemented to increase the effect of healing within the garden environment.

Participants are encouraged to attend the second session where we will continue to build upon the understanding of healing gardens gained in Session 1.

Attracting Birds to your Garden
Susan Mulvihill

Do you enjoy watching birds? Let garden writer Susan Mulvihill show you how to draw them into your garden by meeting their basic needs. Learn about the birds in this region and excellent birdwatching resources available to you. As an avid photographer, Susan will also share tips on photographing birds and some of her best photographs that have captured interesting bird behavior.

Compost Tea
Lynn Carpenter-Boggs, Ph.D.

Join Dr. Lynn Carpenter Boggs to learn about the make up of compost teas for nutrient supply and for disease suppressants or disease control. Learn how plain old compost can be turned into a magic potion for your garden.

Afternoon Session IV 2:45-4:00

Healing Gardens: Session 2
Cathi Lamoreux, Anne Hanenburg

This session builds upon the theory and understanding of healing gardens presented in the previous session. Here we will use actual examples and graphically demonstrate how to approach the design of a healing garden space utilizing key design principles.

Rainbarrels
Stacey Selcho

The practice of collecting rainwater is an ancient one dating back nearly 2000 years. Learn how to collect and save this precious resource and use it for your summer gardening needs. With rising prices and potential drought restrictions this is a great way to conserve. Rain barrels can be part of the solution.

Spring Mushrooms in Our Yards
Kelly Chadwick

Learn about the common edible mushrooms growing in the springtime in Spokane and outlying areas. Kelly Chadwick will share guidelines to help you identify groups of mushrooms without needing to identify them by species. He will discuss the major groups of fungi, good habitats for hunting, and basic mushroom physiology.



Purchase tickets easily and early--one call or click does it all! Call 1-800-838-3006 to order tickets from a real person at Brown Paper Tickets or purchase them on-line at MGFSC.org by clicking the TICKETS button. Don't forget Foundation members receive a \$10 discount so consider joining to support this organization!

Symposium Sponsors



Master Gardener Foundation of Spokane County

Become a member of the Master Gardener Foundation of Spokane County. Your membership contribution of \$25 for Associate members or \$10 for Master Gardeners helps us support the Master Gardener Program so that it can grow and sustain itself into the future. Member benefits include discounts at area nurseries and other businesses as well as a discounted registration for Cabin Fever, our spring gardening symposium. Become a member today at MGFSC.ORG.



Master Gardener Program

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EXTENSION

Persons with disabilities who require alternative means for communication or program information or reasonable accommodations need to contact Spokane County Extension at 222 N Havana, Spokane, WA 99202; (509) 477-2048 at least two weeks prior to the event.

Extension programs and employment are available to all without discrimination. Evidence of noncompliance may be reported through your local Extension office.

 Visit mgfsc.org for Cabin Fever tickets and additional program details.